


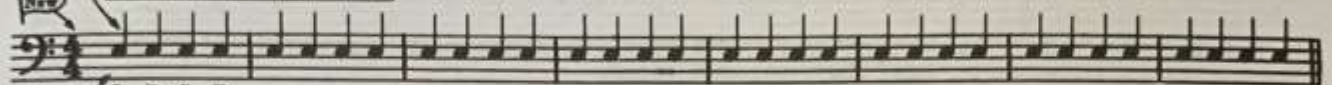


# LESSON 1.

QUARTER NOTE	QUARTER REST	
		 TIME
BEGINNING STUDIES OF THE SINGLE STROKE ROLL		

## RUDIMENT PRACTICE

**SINGLE STROKE ROLL**



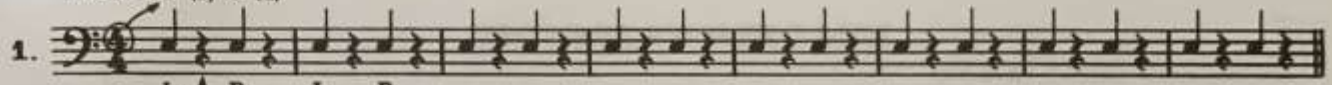
L R L R

The practice of this rudiment is excellent for gaining stick control. As easy as it may seem, practice it thoughtfully. Begin slowly and gradually increase the speed. Listen to make certain that each stroke sounds even. Use the exchange-stick technique which you learned in the preliminary lesson.

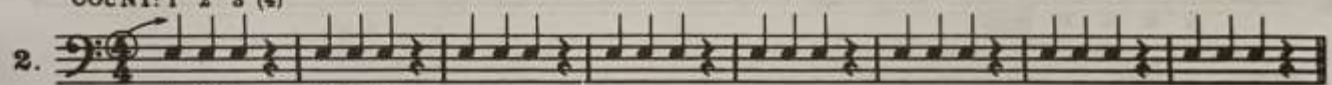
## READING PRACTICE

ALWAYS COUNT OUT LOUD

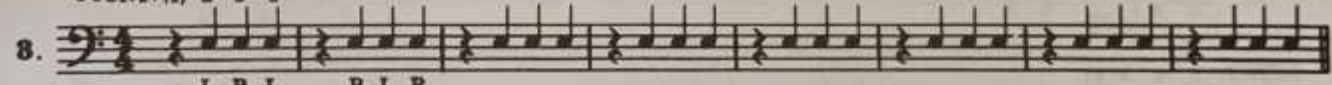
COUNT: 1 (2) 3 (4)

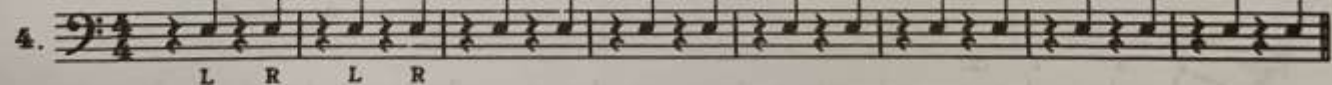
1.  L R L R

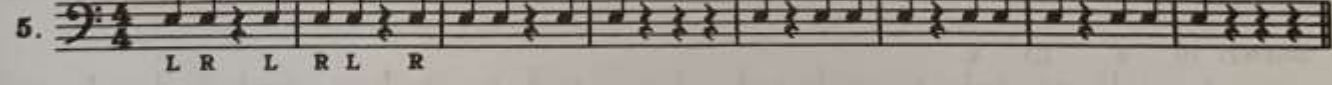
COUNT: 1 2 3 (4)

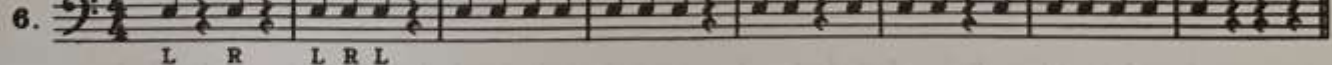
2.  L R L R L R

COUNT: (1) 2 3 4

3.  L R L R L R

4.  L R L R

5.  L R L R L R

6.  L R L R L R

NOTE: All suggested stickings in this book begin with the left in order to give emphasis to the action of the weaker hand. This system can be modified at the discretion of the teacher.

THIS LESSON HAS BEEN COMPLETED. DATE.....EXCELLENT  GOOD  FAIR

## LESSON 2.

WHOLE REST

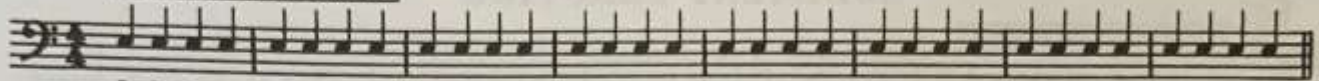
HALF REST

 $\frac{2}{4}$  TIME

BEGINNING STUDIES OF THE LONG ROLL

## RUDIMENT PRACTICE

## SINGLE STROKE ROLL



L R L R L R L R

Continue to practice this rudiment every day. Remember that evenness is more important than speed.

## LONG ROLL

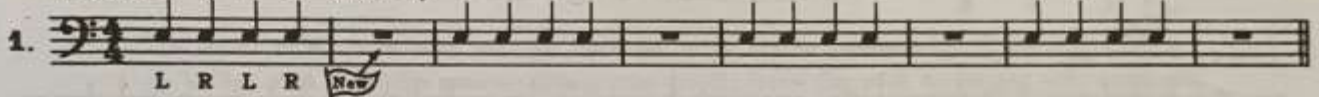


L L R R L L R R

Here is the granddaddy of all rudiments! Notice the sticking (stroke-tap.) Make certain that the second note in each hand is as strong as the first. Practice this every day, starting slowly and gradually increasing the speed. Listen! Think!

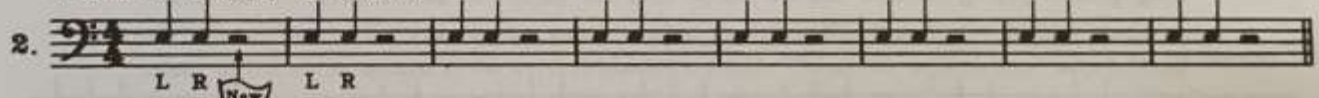
## READING PRACTICE

COUNT: 1 2 3 4 (1-2-3-4)



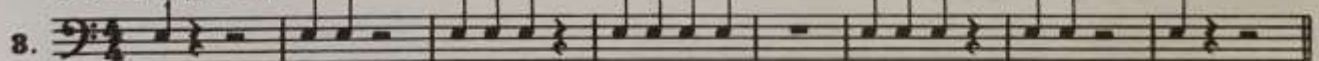
L R L R

COUNT: 1 2 (3-4) 1 2 (3-4)



L R L R

COUNT: 1 (2 3-4)



L R L

COUNT: (1) 2 (1) 2



L R



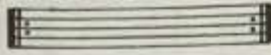
L R L R L

THIS LESSON HAS BEEN COMPLETED. DATE.....EXCELLENT  GOOD  FAIR

# LESSON 3.

**3**  
**4** TIME

REPEAT SIGNS



## RUDIMENT PRACTICE

### SINGLE STROKE ROLL

L R L R L R L R L R L R L R L R

### LONG ROLL

L L R R L L R R L L R R L L R R

Continue practicing these two rudiments every day.  
 Check the holding position of each stick and make certain  
 your wrists are doing the work (not your fingers or arms.)  
 Review the preliminary lesson for the correct action.

## READING PRACTICE

1. 

L R L R L R

2. 

L R L

3. 

L R L R L

4.

5.

6.

THIS LESSON HAS BEEN COMPLETED. DATE..... EXCELLENT  GOOD  FAIR

LESSON 4.

EIGHTH NOTES



RUDIMENT PRACTICE

SINGLE STROKE ROLL

L R L R L R L R

Repeat this many, many times each day for a "warm-up!" Always start it slowly and gradually increase the speed.

LONG ROLL

L L R R L L R R

Work on this rudiment faithfully. It's one of the most difficult as well as the most important.

COUNT OUT LOUD

READING PRACTICE

COUNT: 1 2 3 4 1+2+3+4+

New

1. 

L R L R L R L R L R

2. 

L R L R L R

3. 

L R L R L R L R L R

4.

5. 

Go quickly to next line.

THIS LESSON HAS BEEN COMPLETED. DATE..... EXCELLENT  GOOD  FAIR

**RUDIMENT PRACTICE**

**SINGLE STROKE ROLL**                      **LONG ROLL**

L R L R L R L R   L R L R L R L R      L L R R L L R R   L L R R L L R R

Repeat both of these rudiments many times daily

**5-STROKE ROLL**

L L R R L   R L L R   L L R R L   R L L R   L L R R L   R L L R   L L R R L   R L L R

Here's a new one. Practice it like the other two rudiments you've had. Start slowly and gradually increase the speed, always keeping it even. Note carefully the sticking.

**READING PRACTICE**

1.

L R L R L R L R L

2.

3.

4.

**OUR FIRST DUET**

5.

THIS LESSON HAS BEEN COMPLETED. DATE..... EXCELLENT  GOOD  FAIR

LESSON 6.

METRONOME MARKING

C = 4/4

RUDIMENT PRACTICE

SINGLE STROKE ROLL

LONG ROLL

5-STROKE ROLL

Practice these every day to limber up your wrists. By this time you should have enough control to begin them slowly and work up a little speed.

L R L R L R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R

Here's an exercise to help you keep the 5-stroke roll even.

MAKE YOUR WRISTS DO THE WORK

READING PRACTICE

COUNT: 1 2 3 4 1+2+3 4

1. L R L R L R L R L R

2. L R L R L R

3.

4.

5. OUR FIRST SOLO

\* Indicates the number of counts (quarter notes) per minute.

THIS LESSON HAS BEEN COMPLETED. DATE..... EXCELLENT  GOOD  FAIR